



HÔTEL-DIEU GRACE
HEALTHCARE
foundation

#MINDS MATTER STRONGER THAN THE STIGMA

SATURDAY, OCTOBER 16, 2021

8 A.M. – 4 P.M.

26 FAIRVIEW AVE. W. ESSEX

PLEDGES, SILENT AUCTION, DONATIONS

A WORKOUT EVERY HOUR, ON THE HOUR.

REGISTER TO WORKOUT BY DONATING \$20 OR
MORE AT WWW.HDGH.ORG/FOUNDATION

EVENT PROCEEDS TO SUPPORT MENTAL HEALTH PROGRAMS AT
HÔTEL-DIEU GRACE HEALTHCARE

LOCAL #200